



Bio-data

Name: Dr.Sarita Pradip Gaikwad

Designation: Director, Punarnava Trimarma Chiitsalay & Research Centre, Nanded

Retd. Assistant Director of AYUSH, Pune region, Pune and Ex HoD, Ayurved Research Department, Sassoon general Hospital, Pune

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Languages known: Marathi, Hindi, English and Sanskrit.

Educational Qualification:

B.A.M.S. (1990), **M.D. (Manovigyan-Manasrog)** -1995, **Ph D (Kayachikitsa)**-2017."Evaluation of Ayurvedic management of Chronic Renal Failure" under M.U.H.S., Nashik.Received prestigious **Gold medal** for Ayurved research (Ph.D level).

Dr. Sarita has more than 25 years of Clinical experience in Ayurved &15 years of administrative experience as R.M.O./ HOD Ayurved Department, Sassoon Hospital, Pune. & Assistant Director Ayurved Nagpur/Pune.

More than 26 publications are in credit to Dr. Sarita Gaikwad. (List enclosed separately)

Awards & felicitations:

- **Vikas Ratna Award** awarded by International Integration & Growth Society, New Delhi on 23 June,2000.
- **Indira Gandhi Sadbhavna Award** awarded by Global Economic Council, in Bangalore on 19 Nov, 2000
- Awarded **Sanmanpatra by Satya Shodhak Vichar Manch, Nanded** during Phule- Ambedkar Festival- 2001 on 26th May, 2001
- Awarded **Sanmanpatra by Dabar India Ltd, New Delhi** for Exceptional & Outstanding contribution in **Ayurveda for the common people on 1st July, 2008**
- **Received state level 'Samaj Ratna' award** by Pragati Mahila Samajik Shaikshanik Santha, Nashik on 2/9/2016.
- Awarded prestigious Pandurang Hari **Gold medal for Ayurvedic research (Ph.D. level)** at the 8th International Ayurveda Day Conference, Pune, India by International Ayurveda Association on 6th August, 2017.
- Awarded **best poster award** of the conference and **Dr.Ajit Gokhale prize** on **Ayurvedic management of various types of complicated infected wounds: A case series** in 44th Annual conference organized by research society of **B.J. Medical College, Pune** w.e.f.21-23 Feb 2018.
- Awarded Dr. Sunanda and Dr. Subhash Ranade Pratisthan award for best research article published in Srujan Chikitsa, Vol. 15 (86), Mar-Apr 2019: 11-13.
- Awarded the coveted **M.V. Kolhatkar prize in Ayurved research felicitated by Vaidya Khadiwale Vaidyak Sanshodhan Santha, Pune** was presented by **Vaidya Jayant Deopujari, President, Central Council of Indian Medicine, New Delhi.** on 22 Dec 2019.
- **Sahyadri Doordarshan (T.V.) channel telecasted** special episode in '**Janata Darbar**' on my remarkable work along with interview of various satisfied/cured patients like one serious **Hepatitis B patient** referred by Medicine department fully recovered by Ayurvedic line of treatment, Clinical trial on **Trophic ulcers in**

Leprosy cured by Ayurvedic treatment, Severe systemic fungal infection with foul smell fully cured, Psoriasis recovered, CRF etc were telecasted on 15/10/2012, Link: <https://m.youtube.com/watch?v=sBidOe3qSF8>

- **Sahyadri Doordarshan (T.V.) channel telecasted a special episode in 'Janata Darbar' on remarkable work of Dr. Sarita along with interview of various satisfied/cured patients e.g. Severe Paediatric open head Head Injury successfully managed, CRF patients who were on Dialysis maintained without Dialysis, Impending Gangrene successfully treated etc.** telecasted on 14/11/2014 Link : <https://youtu.be/com/L5ZhhKDqjWY>
- **Sahyadri Doordarshan (T.V.) channel telecasted a special episode in 'Janata Darbar' on the remarkable work along with interview of various satisfied/cured patients e.g. on Infected wound of Caesarian section 7 times debridement done but without result ,completely cured without antibiotics b Ayurvedic line of treatment, Post operated Head injury paralysis, Post traumatic loss of vision in 7 year old boy restored vision** telecasted on 1/06/2015 Link: <https://youtube.com/watch?v=JphN1LvTGlg&t=158s>
- **Sahyadri Doordarshan (T.V.) channel telecasted a special episode in 'Janata Darbar' on the remarkable work along with interview of various satisfied/cured patients e.g. Infected wound of Rt leg in a 40 years old H.I.V. patient who was asked to undergo amputation, went home walking on legs, Infertility case in a Bicornuate uterus with h/o 5 abortions in 4 years successfully delivered baby boy by Ayurvedic line of treatment in first attempt, Cervical dystonia, Parry Rhombert syndrome** telecasted on 30/11/2015. Link: https://youtu.be/1E4lq4o_shw
- **Sahyadri Doordarshan (T.V.) channel telecasted a special episode in 'Janata Darbar' on first Ayurved day with interview of Union State Minister AYUSH Shri. Shripadjee Naik & me as an expert, on Diabetes in Ayurvedic perspective,** on 30 Oct 2016. Link: : <https://m.youtube.com/watch?v=llqyilx6uRA&t=871s>

- **All India Radio, Pune broadcasted her interview (25 min) on Diabetes in Ayurvedic perspective on World Diabetes Day on 15th Nov 2016.**
- **She has successfully treated cases like Chronic Renal Failure/ ESRD, Psoriasis, Urethral stricture, Prostate enlargement, Infertility, Infected wounds impending gangrene, Cervical dystonia, Allergic skin disorders, etc.**
- **Hepatitis B infection remains permanently and such cases are prone to develop Hepatic carcinoma; but Dr. Sarita has conducted research on it and made such persons sero-negative, that is very remarkable in the eyes of Modern science.**
- **When there is a mass campaign launched for Organ donation by the Govt., she striving hard to save organs like Kidney (Kidney failure), Foot & Hand which were advised for Amputation.**

Other Notable Activities:

- Participated in 1st National Seminar on Ayurveda, Yoga, Unani & Siddha Systems of Medicine held at Nanded on 9-10 Sep, 2006
- Participated in 2nd World Ayurveda Congress held at Pune University on 10-12 Nov, 2006
- Conducted examination as External Examiner for 3rd B.A.M.S. exam. going students in the year 1996 for Obstetrics & Gynaec at Govt. Ayurvedic College, Nanded.
- Participated as a '**Guest Speaker**' in **PhD reorientation Program** organized by Tilak Maharashtra Vidyapeeth, Pune in 2009.
- Participated as a **Guest Speaker** in **10th International conference on Evidence based Ayurved focus on Mutravahastrotas :The Urinary system** held at Pune on 19 Dec. 2010 conducted by Institute of Indian Medicine (Ayurvedic Academy).
- Conducted research study in association with Centre : AYUSH in Public Health – The Maharashtra Association of Anthropological Science (MAAS)

on "**Situation Analysis of AYUSH in Public Health System**" as a **Chief Investigator** in the year 2012.

- Participated as **Chief Guest at Valedictory function** of C.M.E.programme in Sanhita Siddhant sponsored by Deptt of AYUSH, Ministry of Health & Family Welfare, Govt. of India in P.D.E.A's, College of Ayurved & Research Centre, Akurdi on 24.03.2012.
- Conducted **Ayurvedic P.G. CET** as **Chief conductor** for 3 consecutive years from 2010-12.
- Participated as **Guest of Honour** on the Annual day Prize Distribution function at Z.V.M. Unani Medical College & Hospital, Pune on 29th June 2013.
- Participated as **Resource Person** in the In-service Education Programme for Nursing Staff organized by Matron & faculty of Nursing, B.J. Medical College & Sassoon General Hospital, Pune on 24/07/2014 and 23/09/2014
- **Member of Divisional Advisory Board of MUHS, Nashik on Clinical Research Trial in Ayurved, Pune Division**
- **Member of Editorial board of E- journal-Rasamruta**
- **Member of Editorial board of European Journal of Pharmaceutical and Medical Resourse.**
- Addressed National Seminar in Pune on " Management of Renal disorders," organized by Maha Ayurved Research & Medical Association (MARMA) as **Guest speaker** on 22 Jan, 2017
- **Delivered lectures** to AYUSH Medical Officers of Aurangabad, Pune, Thane & Nashik division on "Success stories in Ayurved" from 5th March to 9th March 2017.
- **Invited as a resource person** for preparing **draft protocol of Diabetic nephropathy by All India Institute of Ayurveda, New Delhi** during 15 March to 18 March 2017 and contributed substantially in making the Standardized Protocol

of Diabetic Nephropathy. **Co-chaired session** on Diabetic retinopathy on 17.3.2017.

- **Delivered lecture** to teachers, P.G. students, undergraduate students on Success stories in Ayurved in Govt.Ayurvedic College, Osmanabad on 24 Aug 2017.
- Participated as **expert in Ayurved** in Jignyasa-darshan- 2017, National Seminar and Brainstorming on reforms in Ayurveda Education & Training held at Gandhi Bhavan, Bangalore on 21-22 Sep 2017.
- Addressed National conference on Manasrog as **Keynote speaker** on 24.12.2017 at Tilak Ayurved Mahavidyalaya, Pune.
- Participated in 44th Annual conference organized by Research Society of B.J. Medical College, Pune w.e.f.21-23 Feb 2018.
- Addressed 20th Annual Conference organized by Indian Society of Wound management as **Guest speaker** on topic " Ayurvedic management of Infected and complicated wounds-A case series on 17th March 2018 at S.D.M. Ayurvedic College, Hassan (Karnataka).
- **Delivered lecture** to AYUSH P.G. Medical Officers on **Uttarbasti** on 19 Feb 2018 at HFWTC, Pune.
- **Delivered lecture** to AYUSH P.G. Medical Officer on "Success stories in Ayurved" on 19 March 2018 at HFWTC, Pune.
- **Special Secretary, Ministry of AYUSH, Govt of India, Vaidya Rajesh Kotechaji** visited Ayurvedic 20 Bedded research ward, Sassoon General Hospital on 2/7/2018 and **highly appreciated the research work and congratulated the whole team for their excellent work.**
- **Delivered lecture** to postgraduate students and faculties of Tilak Ayurved College, Pune on "**Main streaming of AYUSH in Public Health**"and "**Success stories in Ayurveda**" on **3rd Ayurveda day dated 5/11/2018.**
- **Delivered lecture** to Ayurved practitioners of **Ayurved Vyaspeeth, Karad** on "**Success stories in Ayurveda**" on 17th Jan, 2019.

- **Delivered 4 hour lecture in two sessions to** Ayurved practitioners of **Ayurved Vyaspeeth, Nanded** on **"Success stories in Ayurveda"** and **"Management of Acute and Chronic renal Failure"**, on 31st March, 2019.
- Addressed lecture to teachers and students of Ayurved College, Udgir on Success stories in Ayurved on 7.3.2020.
- Addressed vaidyas during **Charak Sanhita Adhyayan Adhyapan Tadvid Sambhasha**-the unique lecture series by 20 eminent Guruvaryas from all over India on 27.8.2020 and 3.9.2020 on "Success stories in Ayurved."